



Le Spa Pralong

BEAU
DOMAINE



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**Can be done in pairs for a shared experience.*



THE PRALONG SPA AND MAISON BEAU DOMAINE

In the heart of the Alps, the Pralong Spa by Beau Domaine invites you to rejuvenate and reconnect with yourself in a soothing and luminous atmosphere.

Born from an exclusive collaboration between the Alpes Hôtel du Pralong and Maison Beau Domaine, this exceptional sanctuary unites the purity of the mountains with the art of skincare inspired by Provence.

Each ritual is a sensory journey where science, nature, and local heritage come together in perfect harmony. Organic olive oil, grape seed oil, olive pit powder, and grape water blend with expert gestures and Gua Sha rituals to reveal the skin's natural radiance and restore inner balance.

Guided by the expert hands of our practitioners, experience a timeless moment a celebration of beauty, authenticity, and the enduring elegance of Alpine Well-being.





THE HISTORY OF BEAU DOMAINE

Born from the expertise of the Perrin Family, pioneers in organic and biodynamic viticulture, Beau Domaine celebrates the union of science, nature, and the land. Inspired by the richness of the family vineyard, the brand draws upon the regenerating power of the vine to create exceptional treatments with proven effectiveness.

Each formula combines scientific innovation with natural ingredients such as grape seed extracts, precious oils, and grape water to reveal an authentic, radiant, and lasting beauty.

More than a brand, Beau Domaine embodies an art of living: a conscious beauty that respects both the skin and the environment, born from the earth and elevated by science.







Signature Rituals





FACIAL RITUAL

DISCOVERY FACIAL RITUAL

30 minutes - 120€

A sensory journey between Provence and the Alps:
Gentle cleansing with anti-aging vine actives,
relaxing massage, and jade drainage.

Results: Fresh, hydrated, and radiant skin.



PREMIUM FACIAL RITUAL

60 minutes - 210€

An immersive anti-aging treatment where tradition and expertise unite: draining exfoliation, facial massage, lymphatic drainage with Gua Sha, and a natural cocooning mask.

Results: Smooth, radiant, and revitalized skin.





“ALPINE KOBIDO” RITUAL

50 minutes - 160€

A subtle blend of the ancestral Japanese Kobido massage
and Beau Domaine’s natural actives.

This ritual sculpts the facial contours, stimulates
microcirculation, and unveils a youthful glow.

Results: Immediate lifting effect, plumped skin,
and a serene mind.

— *Signature exclusive to Alpes Hôtel du Pralong* —





BODY RITUAL

BEAU DOMAINE ESCAPE RITUAL

60 minutes - 190€

Draining and enveloping massage with organic grape seed and olive oils.

Results: Light body and a relaxed mind.



ENERGY OF THE VINES RITUAL

60 minutes - 190€

A revitalising and deep massage with warm oil, designed to intensely relax the muscles, warm the body and provide an immediate feeling of well-being.

Results: Relaxed muscles, warmed body, revitalized mind.

PRALONG SIGNATURE RITUAL

75 minutes - 220€

A unique experience combining the enveloping warmth of stones with targeted movements to soothe tension.

Results: A deeply relaxed and completely unwound body.



**RELAXING BACK TREATMENT
WITH BEAU DOMAINE OILS**

30 minutes - 110€

Targeted back massage with Beau Domaine natural oils, rich in antioxidants and sourced from the Perrin family's Provençal estate.

Results: Tension relieved, muscles relaxed, well-being restored.



**RELAXING LEG MASSAGE
LOWER BODY TREATMENT**

30 minutes - 110€

A relaxing massage targeting the legs using Beau
Domaine natural oils, rich in antioxidants, relieves
fatigue and restores vitality to your body after a day
of skiing or walking.

Results: Light legs, supple skin, renewed energy.





THE SIGNATURE MOMENT

“LIGHT OF THE TERROIR” INSTANT

90 minutes - 260€

A complete experience inspired by the vines: a back massage with warm oil followed by the Premium Beau Domaine Ritual.

Results: Inner harmony, natural radiance, and restored vitality.



BEAU DOMAINE INSTANT

60 minutes - 190€

A relaxing moment including a soothing massage
and a facial treatment.

Discovery and signature herbal infusion.

Results: A bubble of softness to experience in the
heart of the Alps.



ALPINE YOUTH INSTANT

120 minutes - 320€

Targeted leg massage, alpine Kobido Ritual,
and anti-aging mask.

Results: Radiant skin, Alpine vitality, and natural
beauty revealed.







A close-up photograph of hands being washed with soap suds. The fingers are spread out, and the skin is covered in white, bubbly foam. The lighting is warm and soft, highlighting the texture of the skin and the bubbles. The background is a blurred, light-colored surface.

Beauty & Relaxation



CRANIAL MASSAGE

20 minutes - 60€

Soothing and rebalancing, inspired
by the Provençal grape harvest.



HAND AND FOOT CARE

60 minutes - 120€

Gentle exfoliation, nourishing massage,
and repairing balm with organic olive oil.

PERSONALIZED MASSAGE

30 minutes - 110€ I 60 minutes - 190€ I 90 minutes – 260€

A massage tailored to your needs
for your back, legs, arms or whole body.



CHILDREN'S MASSAGE

20 minutes - 65€

Treat your child to a massage break.
(Parents must be present).





Aesthetic Treatments



MANICURE RITUALS

COMPLETE MANICURE (includes nail polish application)

Nail shaping, cuticle care, gentle exfoliation, nourishing massage, and nail polish application.

COMPLETE MANICURE & SEMI-PERMANENT POLISH APPLICATION

A perfecting ritual for immaculate hands and long-lasting color.

EXPRESS MANICURE

Quick beauty treatment: filing, buffing, and polish application for perfectly groomed hands.

MEN'S MANICURE

Well-groomed and natural hand care: filing, cleaning, and a subtle glossy finish.

PEDICURE RITUALS

COMPLETE PEDICURE

Revitalizing ritual including foot bath, nail shaping, cuticle care, exfoliation, nourishing massage, and nail polish application.

EXPRESS PEDICURE

Quick and effective treatment to restore perfectly maintained feet.



90€



140€



50€



60€



90€



50€

FINAL TOUCHES

NAIL POLISH APPLICATION (without manicure)

Application of the color of your choice for a simple and elegant finish.

SEMI-PERMANENT POLISH APPLICATION (without manicure)

Professional application for long-lasting shine and a flawless finish.

SEMI-PERMANENT POLISH REMOVAL

Gentle removal from hands or feet followed by a nourishing treatment to preserve nail health and beauty.

TREATMENT ADD-ONS

NOURISHING HAND TREATMENT - 20 minutes

Beau Domaine balm massage for deep hydration.



40€



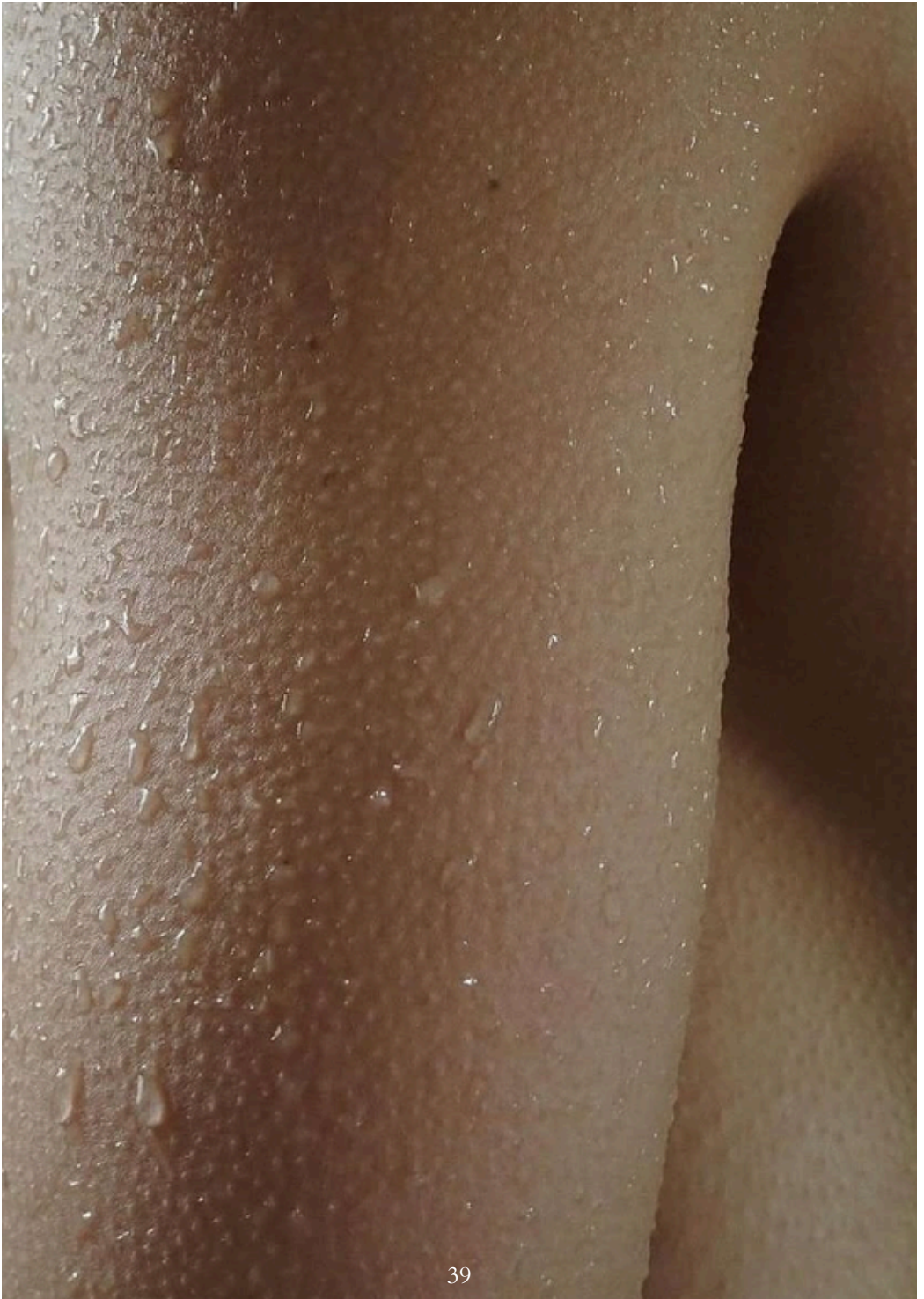
60€



40€



50€



HAIR REMOVAL

Upper Lip  15€

Eyebrows  20€

Half Legs  50€

Full Legs  90€

Bikini Line  40€

Brazilian Bikini  60€

HAIRSTYLE

SHORT BLOW-DRY

A short hairstyle offering harmonious volume, perfect hold and an elegant look for any occasion.

MID-LENGTH BLOW-DRY

A mid-length hairstyle offering natural movement, elegant hold and a refined finish that enhances your face.

LONG BLOW-DRY

A long hairstyle with fluid, neat lines, revealing shine, movement and a decidedly refined look.

WAVY BLOW-DRY

A wavy style with elegant waves, creating natural movement and a sophisticated, light look.



75€



95€



115€



140€





Home Treatments





BEAU
DOMAINE

LE SÉRUM
THE SERUM

GSM10® + ProGR3®

EXCEPTIONAL PRODUCTS

SENSORY UNIVERSE

Exceptional products to extend
the Beau Domaine experience

The Beau Domaine experience extends beyond the Spa through a collection of exclusive treatments designed to awaken the senses and enhance the skin.

Among these refined creations, the regenerating face and body oil deeply nourishes and reveals the skin's smooth texture, while the radiance scrub with grape seed powder restores luminosity and vitality. The revitalizing grape water brings freshness and tone, complemented by the jade Gua Sha and wellness sets true invitations to bring the Beau Domaine art of care into your home.

ANY APPOINTMENT NOT CANCELED
AT LEAST 12 HOURS IN ADVANCE WILL
BE CHARGED.

ANY DELAY TO AN APPOINTMENT
MAY RESULT IN THE TREATMENT
BEING SHORTENED ACCORDING TO
THE SCHEDULE.



THE PRALONG SPA IS OPEN DAILY
FROM 10:00 A.M. TO 8:30 P.M.

